



As we stand at the threshold of a new year, we extend our heartfelt New Year greetings to the dedicated and dynamic team of our faculty and staff members. May the year 2024 bring you all joy, success, and countless opportunities for growth.

Reflecting on the past year, 2023 has proven to be nothing short of extraordinary for our University. Together, we have achieved significant milestones that underscore our unwavering commitment to our vision of Excellence and Service. A special mention and sincere congratulations are due to our esteemed faculty and staff members, who have been the driving force behind the transformative learning experiences our students have undergone. Their dedication to fostering an environment of intellectual curiosity and academic rigor has undoubtedly played a pivotal role in shaping the minds of our future leaders.

The establishment of new centers, such as the CHRIST University Higher Education Leadership Institute (CUHELI), the Incubation Centre, the Center for Neurodiversity Research and Innovation, the Center for Korean Studies, and the Mindfulness Lab, serves as a testament to our commitment to holistic education and innovation.

We have not only imparted knowledge but have also made significant contributions to the world of academia. In 2023, there was a remarkable output of knowledge creation, with many faculty-authored book publications and an impressive number of Scopus-indexed publications, surpassing 1625. The cumulative total of Scopus-indexed publications now

stands at an impressive 5722. Additionally, we take pride in acknowledging the publication of patents and the successful execution of externally funded projects, highlighting our faculty's tangible impact on the academic and research landscape.

A notable event from the past month was the celebration of Rectors Day. The inspirational words from our beloved Rector and Chancellor, Fr. Varghese Vithayathil, about being and building the Christite family were meaningful and profound. The collective effort of all our members in organizing and participating in the event was commendable, showcasing our talents and camaraderie. Congratulations to the winning team of the talent show, the BGR Campus Team.

As we step into the new year, let us carry the spirit of achievement and collaboration forward. Together, let us continue to strive for excellence in all our endeavors, fostering an environment where innovation, research, and academic pursuits thrive.

Here's to a successful 2024 filled with continued growth, learning, and unparalleled accomplishments. May this year be marked by even greater achievements and shared successes. Happy New Year!

Sincerely,  
Editors  
Accolade Chronicles

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## New Year Greetings from the Vice-Chancellor



CU:VC:GEN:01/24  
01 January 2024

### New Year Greetings from the Vice-Chancellor

Dear Esteemed Colleagues,

At the dawn of the New Year 2024, I extend my warmest greetings to all of you. May the coming year be filled with joy, success, and new opportunities.

Looking back, we have every reason to be proud of our collective achievements in 2023. We surpassed a faculty-per-publication ratio of 1:1, witnessing a remarkable surge in Scopus-indexed publications. Notably, there has been increased funding for research projects, and the innovative spirit of our faculty members is evident in numerous impactful patents. The successful publication of books by our esteemed faculty members reflects the depth of the contribution to knowledge from our academic community. Additionally, a record number of faculty members undergoing training and development in the University and in other organisations demonstrates our commitment to continuous learning. Multiple initiatives by the Schools, Centres Departments, Offices and Cells to support the University, student achievements, and contributions to local communities are gratefully acknowledged. The establishment of the Mindfulness Lab prioritises mental well-being, while global academic exchange thrives with the Centre for Korean Studies. Events like TEDx Talks and Let Us Dream foster innovation, leadership, and benevolence, shaping students and faculty for positive societal transformation. Large student participation (more than 8000 students) in Darpan and the Pedagogic League promotes sportsmanship, diversity, and unity. The Incubation Centre and the Center for Neurodiversity Research and Innovation demonstrate our dedication to entrepreneurship and championing neurodiversity, contributing to societal transformation. Above all, the success of our students and their positive impact on society is most remarkable. Your dedication has propelled us to new heights, and I look forward to another year of collective success.

As we celebrate these achievements, let us also look ahead to the future with a renewed sense of purpose. Our Strategic Vision for 2023-26: "Nurturing Excellence, Enriching Lives, Transforming Futures" guides us towards four strategic focus areas:

1. Transformational Teaching-learning for Global Competence
  2. Impactful Research, Innovation, and Enterprise
  3. Positive Organisational Culture for Gainful Campus Life
  4. Meaningful Societal Engagement
- In embracing these focus areas, we are charting the course for our Institution and shaping the educational landscape for future generations. It will be our collective responsibility to monitor the implementation and measuring outcomes of the strategic plan.

As we embark on the journey into the new year, I urge each of you to consider our impact on the lives of those around us. Our roles as educators position us uniquely to influence and inspire. Let us measure the worth of our lives by the positive impact we create, the knowledge we share, and the lives we enrich. Let us use our collective abilities, talents, and influence to contribute meaningfully to the lives of our students.

I wish you and your loved ones a joyous New Year with prosperity, good health, and continued success.

With warm regards.

(Dr Fr Jose C C)  
Vice Chancellor

*Vice Chancellor*  
**CHRIST (Deemed to be University)**  
Bengaluru - 560 029



# Down Memory Lane

We commemorate the remarkable dedication and commitment of some of our faculty members and staff members who have devoted an incredible 40 years of their careers in CHRIST university. This milestone celebration is dedicated to their unwavering passion and invaluable contributions for shaping our institution. Their journey at the university in the span of four decades have made profound impact on generations of students and colleagues.



Dr Mallika Krishnaswami

**Dr Mallika Krishnaswami** is a professor in the Department of Languages and has served the university in various capacities. Dr Mallika, reminisced about her journey at CHRIST University spanning over four decades. When queried about her tenure and experience at CHRIST University, Dr Mallika Krishnaswami responded "I joined CHRIST College as a fresher in the summer of 1981, and have been in this beautiful temple of learning ever since. Awe struck by the newly inaugurated towering Majestic bus station in Bangalore, I felt like Alice in Wonderland in some enchanting woods, as I entered the gates of CHRIST College nervously, half expecting a Cheshire cat to emerge from nowhere! In due course, I of course settled down to this second home of mine. Interestingly, the magic of the place with its foliage and freshness has held me enthralled to this day. CHRIST College of those days was quite different from now, not only in composition but also in character. Predominantly a boys' institution, catering more to the socially and economically lesser privileged, the composition of girls was less than 2%, but what was striking was the feeling of oneness, respect and air of festivity that reigned, evident even on the sports

field where the charismatic presence and sportsmanship of the first Principal, His Grace Reverend Father Mani Giles, the late Bishop of Mananthavady Province, added charm to the occasion. Over the years, the institution has transformed remarkably, from a seedling planted in wilderness, far away from the madding crowd, the institution has in 54 years, grown to its present stature, rubbing shoulders with top notch universities. That we have succeeded in finding a place in the world university rankings is indeed a remarkable feat and speaks volumes about the determination and tireless efforts that have gone towards this endeavour, despite the path being strewn with many challenges."

Reflecting on personal contributions, Dr Mallika shared, "In a career spanning over four decades, I am pleased to say that I have been entrusted with quite a few responsibilities, which incidentally happen to be the first in women empowerment – from being Staff Representative in the 90's, Student Welfare Officer, Chairperson of the Internal Complaints Committee, Dean of Humanities & Social Sciences, Head Department of Languages and Director of the Centre for Indian and Foreign Languages, I daresay that I have shouldered them all with passion and commitment. Who would have imagined that the present University Convocation with all its grandeur or the Student Welfare Office, owe their origin to the Graduation Day or the Student Volunteer force of 2002, much before CHRIST became a university."

Addressing early career faculty members, Dr Mallika advised, "Whether it be teaching or research, do it with a sense of purpose. You are in the right place at the right time and that's what matters. Make the best of the opportunities before you. To quote H W Longfellow, "The heights by great men reached and kept were not attained by sudden flight, but they, while their companions slept, were toiling upward in the night". As you strive to take the University to heights never scaled before, let respect and humility guide your every action." Speaking on personal growth, Dr Mallika attributed her achievements and told "I must say that whatever I have achieved in my professional career, the latest being the Exceptional French Language Teacher Award as well as the two-week Teachers' Training in Paris, sponsored by the French Embassy, in November 2023, I owe to CHRIST University and the CMI Fathers." Dr Mallika extended warm wishes to the Christite family for a splendid 2024, hoping for a year filled with prosperity and success.



Mr Rajan C

**Mr Rajan C** is an administrative staff member at CHRIST University, central campus. Mr Rajan joined CHRIST University on July 16, 1979, and shared insights about his journey and experiences in a recent interview. Reflecting on his role, Rajan expressed, "My journey at the University has been really good. I initially joined as grant-in-aid staff through Bangalore University, involved in various administrative assistance and certification tasks. However, during 1992-1993, the government ceased to take aided staff." Recalling a significant milestone, Rajan shared, "A particularly memorable moment during my tenure was when the University felicitated me at the Alumni Day function, held on January 26, marking 25 years since my joining. That day holds a special place in my heart." Discussing the changes witnessed over the years, Rajan noted, "The university has undergone substantial transformation, evolving from a college to a complete university. There have been numerous structural changes across the campus,

including significant transformations in canteens, entrance gates, and other areas across the campus." When asked about personal growth or transformation experienced at CHRIST University, Rajan remarked, "Despite the university's evolution, my role has remained consistent from the outset till the present day. It has been an amazing experience to witness and be a part of the University's journey."

# External Grants

The faculty at CHRIST university have successfully secured a series of external grants, demonstrating their exceptional expertise and dedication in various fields.



Dr Embassy Lawbei



Dr Nayan Jyoti Nath



Dr Thirunavukkarasu V



Dr Chandra J

**Dr Embassy Lawbei** and **Dr Nayan Jyoti Nath**, Department of Media Studies, Central Campus received a grant of ₹ 9,10,000/- as Co-Principal Investigators of the project “Social Determinants and Effective Communication for Cancer Screening among Women in Assam and Mizoram” from the National Commission for Women, New Delhi. The project will be aiming for improved healthcare outcomes in these regions.

**Dr Thirunavukkarasu V** and **Dr Chandra J**, Department of Computer Science, Central Campus received a grant of ₹ 1,00,000/- for organizing an “International Conference on Sustainable Advanced Computing – 2024 (ICSAC – 2024)” from the DST-SERB (Science and Engineering Research Board), New Delhi. The conference will foster innovation and collaboration within the tech community.

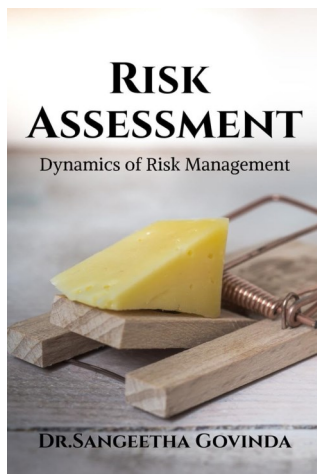
## Stop Press

Heartfelt congratulations to our faculty members who received awards for Major and Minor projects from the Indian Council of Social Science Research (ICSSR), New Delhi, in December 2023. This marks perhaps the largest number of externally funded projects awarded to our faculty members at one time. A special appreciation goes to the Centre for Research Projects in facilitating the projects.

Name of the Faculty members		Fund Sanctioned (₹)
Principal Investigator	Co-Investigators	
Dr Justin Joy	Dr Helen Josephine V. L Dr Shibu K. Mani	24,92,000
Dr Basuvaraj M		24,48,000
Dr Nayan Jyoti Nath	Dr Embassy Lawbei	24,00,000
Dr Sangeetha R	Dr Fr Thomas Mangara Dr Shampa Dev	22,50,000
Dr Rajeesh CS	Dr M. Christhu Doss	20,53,000
Dr Anurag Tripathi		15,00,000
Dr Shinto Thomas	Dr Eldhose, NJ Dr Alphonsa Jose	9,00,000
Dr Raghavendra A. N.	Dr Manu K S Dr Shanmugam Subramanian	8,90,000
Dr Jayprakash Chadchan	Dr Nabil Jalall Hossiney Dr Praveen Kumar T. S	8,39,575
Dr Sapna S		8,30,000

# Major Book Publications

Authoring a book is a remarkable accomplishment that reflects the expertized the authors and their dedication to scholarly pursuits. Hearty congratulations to our faculty members for their outstanding contribution in authoring books.



**Dr Sangeetha Govinda**, Department of Computer Science, Central Campus published a book titled 'Risk Assessment'. The book is an essential guide for understanding, evaluating, and safeguarding against the complex and ever-evolving risks that lurk in the digital landscape. This book has taken into account Risk Management in almost most of the sectors in the industry. Gives insights from real-world case studies that illustrate the principles and practices of risk assessment and management across industries and situations. It has highlighted on ERM applications, trending risks in Artificial Intelligence tools and covers Risk Policy used in ISO 27001 and ISO 31000. With its practical advice, actionable strategies, and a wealth of knowledge, this book equips people to proactively manage risk and make better decisions, ensuring a more secure and prosperous future. Whether you're an entrepreneur, a manager, or an individual seeking to navigate life's uncertainties, this book will be your trusted companion on the path to mastering risk.



Dr Sangeetha Govinda

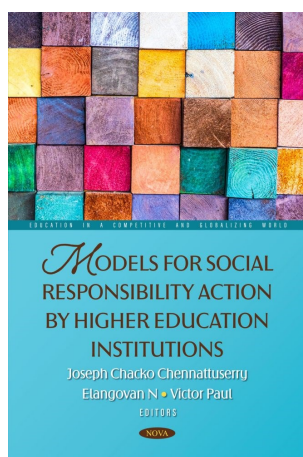
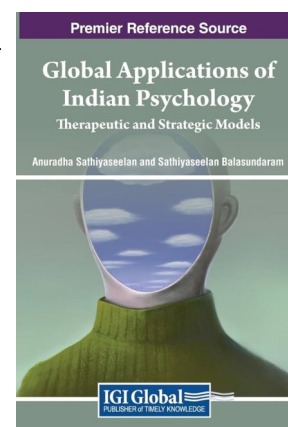


Dr Sathiya Seelan B



Dr Anuradha S

**Dr Sathiya Seelan B**, Professor, Department of Business and Management and **Dr Anuradha S**, Professor, Department of Psychology, Central Campus published a book titled 'Global Application of Indian Psychology: Therapeutic and Strategic Models' by IGI Global. The book explores the rich and diverse perspectives of Indian psychology and how they can address the complex challenges of the modern world. The book aims to be a valuable resource for academic scholars who want to learn more about human psychology from a unique angle. This fosters a more comprehensive understanding of human psychology and equips individuals with effective strategies to enhance well-being and flourishing worldwide. This invaluable resource fills a crucial gap in the field, offering a unique perspective and practical insights for teaching professionals, students, healthcare professionals, policymakers, researchers, and scholars in their quest for understanding and improving human psychology.



**Dr Fr Jose C C**, Vice Chancellor and Professor, International Studies, Political Science & History, **Dr Elangovan N**, Professor, Business and Management, and **Dr Victor Paul**, Professor, Sociology and Social Work, Central Campus published a book titled 'Models for Social Responsibility Action by Higher Education Institutions' by Nova science publishers. This book offers 18 chapters on replicable models for social responsibility actions for universities and other academic institutions. The chapters are broadly classified under two major areas: sustainable development models and social sensitization programmes. The chapters capture the efficient and successful models of social responsibility practiced by Indian and foreign universities. The models are proposed based on the evidence from a rigorous research process. Universities across the world can benefit from the best practices and implement the same successfully. The models will be helpful to universities in achieving the United Nations' Sustainable Development Goals (SDGs) and rank higher on the Sustainability Tracking, Assessment & Rating System (STARS). The research-based chapters will have significant benefits to researchers in expanding the domain of social responsibility of higher education institutions.



Dr Fr Jose C C



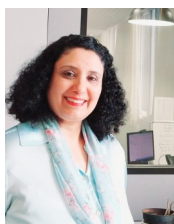
Dr Elangovan N



Dr Victor Paul



# An Interview with Ms Anamika Viswanathan, Head, CHRIST Consultancy



Anamika Viswanathan

**Ms Anamika Viswanathan** is a UK trained Business Psychologist and Head, CHRIST Consulting.

## How was your experience with CHRIST University and can you share some success stories?

My progression at the University was gradual. I began my journey in October 2015 as a visiting faculty in the Department of Psychology and as a part of the team that set up the Centre for Academic & Professional Support (CAPS). Having a corporate background, I enjoyed initiating Psychology consultancy within the Department of Psychology and took it to reasonably successful heights. Our venture into organizing international conferences such as the Business Psychology Conclave and the International Coaching Federation (ICF) conference drew significant interest from various corporate entities and our distinctive approach in client interactions sets us apart. In December 2019, the consulting function across CHRIST University was centralized and I was called upon to head the Consulting practice.

## What drives you as a professional?

Having lived and worked for over 25 years in various geographies globally and with diverse people, my passion lies in ideation, predominantly focusing on systematic and process-oriented approaches. Thinking out of the box and making the impossible possible is what I thrive on. I look for and try to work on the unique, extraordinary aspects of any client brief. As consulting, our aim is to go beyond client satisfaction and achieve client delight. That is the primary reason for clients giving us repeat business.

## What are some of the notable consulting projects that CHRIST Consulting has engaged in?

A couple of notable success stories exemplify our commitment. One instance is our collaboration with [24] 7.ai, introduced to us by an alumnus. We conducted sessions specifically tailored for women executives, catering directly to their needs. Another remarkable case involves our engagement with TVS, facilitated by a former student. They expressed interest in a one-day program focused on immersion in German etiquettes, aiming to enhance cross-cultural communication. This immersion program extended its benefits to several other companies seeking similar expertise. Toyota stands out as another major corporation we successfully served, in partnership with the School of Business and Management, Centre for Social Action, and the Department of Social Work. This collaboration exemplifies our ability to engage with diverse entities and sectors.

## What is CHRIST Consulting and its functions?

CHRIST Consulting is a result-driven, centralized business consultancy cell of CHRIST (Deemed to be University). We design, develop, and deliver exceptional solutions for business problems and help in achieving the organization's objectives. We are powered by 1300+ teaching faculty, 800+ research associate and over 37,000 students.

## Functional Based Consultancy Services

Project Reports, market survey, feasibility studies, software testing, validation of research methods, Support assignments for research, General Management Consultancy

## Extension based Consultancy Services

Extending knowledge through training to organizations and Corporate training, training for competitive examinations etc. Inputs on curriculum or pedagogy

## Research Based Consultancy Services

Typical Research Studies on any specific or general areas of Sciences or Social Sciences. It is based on primary or secondary data, or in combination duly following Standard Research Methods and Practices. It does not include any support assignments done for research projects undertaken by third parties which falls under functional consultancy.

## Government Projects

Research funding projects for major government projects and projects for public-sector enterprises which could be tender-based or proposal-based. It is often multi-disciplinary with a large delivery team.

## Who are SPOCs?

SPOCs, or Single Points of Contact, are designated individuals within each department or center capable of offering consultancy services. These individuals are nominated as consultancy coordinators to serve as a direct liaison between their respective department or center and CHRIST Consultancy.

## What is the consultancy policy and how can the faculty engage in consulting activities?

Faculty are invited to solicit consulting projects across their specialisms. CHRIST Consulting assists in garnering business from external organizations and managing projects across campuses. With our team of consultants, we are able to assist with client management, project deliverables and milestones and commercials management. If we get a direct lead for specific projects, we identify faculty members whose knowledge and skills align with the needs of prospective clients seeking consultancy services in particular fields. The website link <https://christuniversity.in/center/O/CONSULTING> has the details of the consulting function, policy, team and SPOCs who can assist you at your campus/ school.

# Annual Athletic Meet 2023-24

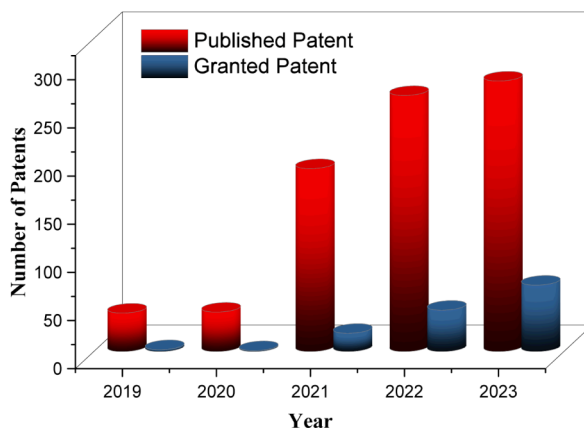
The Annual Athletic Meet 2023-24 was organized by the Department of Physical Education on 8th December 2023 for the faculty members and staff members of CHRIST University. The event was marked by the presence of Dr Sharanappa S D (IPS), Deputy Inspector General of Police, Railways, Karnataka, as the Chief Guest. The day commenced with an impressive march past by CHRIST Junior College. The address by the Vice-Chancellor set the stage for the proceedings, followed by an inspiring address by the Chief Guest, Dr Sharanappa S D, officially declaring the Sports Meet open. The day unfolded with over 150 enthusiastic staff and faculty members eagerly participating in various sporting events throughout the evening. Each event witnessed determination, skill, and a fantastic display of sportsmanship. Specially curated events catering to various age categories and both genders were organized. Men and women, teaching and non-teaching, showcased their athletic competence in events tailored for different age brackets – 'Above 45' and 'Below 45.'



Annual Athletic Meet 2023-24

## Surge in Patents

Patents are a testament to the intellectual property, contribution to innovation, and our pursuit of excellence. Our university proudly celebrates a noteworthy rise in published and granted patents, through collective faculty dedication, marking years of relentless innovation.



Surge in patents based on faculty counts





**Inauguration of Mindfulness Lab:  
Department of Psychology on 20 December 2023 at Bangalore Central Campus**



**First MAGNIFICAT 2023 at CHRIST University Bangalore, Yeshwanthpur Campus  
11 December 2023**

## Editorial Board

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